Example Policies in Utah

Policy	Consequences	Communication with Parents
Olympus High School		
No electronic device use in classrooms unless explicitly stated by the teacher	 1st offense: teacher will return device at the end of class 2nd offense: device must be picked up from office at the end of the day 3rd offense: parent/guardian must be present to pick up device from the office at the end of the day 4th offense: subject to administrative action 	Parents may contact the office to contact the student. The office will get the message to the student
No possession of electronic devices during exams	Student receives a zero on the exam	
Evergreen Junior High		
No cell phone possession during school (7:45 AM -2:45 PM) including lunch	1st violation, phone is taken by teacher; 2nd violation, phone is taken to the office; 3rd or later violation requires parent pick up	 Student must come to the front office to contact parent during the school day If parents have an emergency and need to speak to their child, office will immediately pull the child out to take the phone call. School educates parents and students on why cell phones in school inhibit learning, even during orientation/registration
West Lake STEM		
 Phones allowed before and after school, between classes, and at lunch time Devices may not be used to record videos, audio, or photographs unless given explicit permission by teacher or student Phones must be kept in classroom pouch or out of sight unless directed by a teacher or faculty member 	 Violations result in confiscation and devices are returned at the end of the day Resistance to the consequence will require parents to come pick up the phone. 	
Cottonwood High School		
 Phones cannot be out during class. Phones must be traded for a hall pass, if student needs to leave the classroom. 	• If phones are confiscated, they go down to the office. 1st offense, student signs to receive phone; 2nd offense, parent signs to receive phone; 3rd offense, student and parents meet with administrator.	

Other Helpful Links

- Data and research on why this is so important to Gov. Cox article by <u>Jonathan Haidt</u>, a social psychologist at New York University's Stern School of Business
- Gov. Cox's <u>campaign</u> to warn parents of the harms of social media for children
- Gabb Wireless website dedicated to helping parents, students, and educators with learning in the digital age
- Podcast <u>episode</u> with Doug Lemov on cell phones in schools
- Article on cell phone bans easing student stress and anxiety
- Article discussing the influence of cell phones on mental illness and test scores

Please also see the attached flier inviting you to download our Social Harms presentation to use as you discuss social media with youth or parents.